



Experience the finest body, mind, soul relaxation and rejuvenation  
with abundance of care and luxury...



## *Profile*

**VAYU Wellness Spa** welcomes you to indulge and experience the spiritualist union of the ancient Indian philosophy with the latest contemporary health and wellness treatment techniques. We invite you to experience our pampering Vayu Spa therapies based on elements of air, earth, fire, water and sky. Vayu the name of the spa itself means air, which is basic essence of life and its freshness you will enjoy while our professionally trained healers will perform spa ritual and therapies.

Vayu Wellness Spa takes you to idyllic journey of real rejuvenation & relaxation and will transform you with abundance of energy in this beautiful, serene ambiance. We have designed a comprehensive menu for your rejuvenation ranging treatments from India origin as well as International Spa Therapies.

We welcome you to Vayu Wellness Spa, at Fariyas Resort Lonavala for a very special and relaxing experience.



## Menu of Services

### Deep Tissue Massage

**60 | 90 min INR 3600 | 5400/-**

Experience alleviation of muscular tension and physical stress with treatment. Powerful, specialized techniques are utilized for the cure and mobilization of targeted muscles and joints

### Swedish Massage

**60 | 90 min INR 3200 | 4800/-**

A medium pressure body massage, which is one of the most effective proven therapy. The Swedish massage targets tired muscles and enhances blood circulation.

### Abhyanga Massage

**60 | 90 min INR 3500 | 5000/-**

Abhyanga massage finds its origin in the ancient Indian book of medicine & healing .It is an Indian technique where your body is massaged with the finest herbal oils. This helps reducing knots in your muscles & overall body fatigue.

### Vayu Potli Therapy

**75 min INR 4500/-**

Potli massage is an age-old technique instrumental in helping alleviate body aches. It is an Ayurvedic based treatment in which warm potlies stuffed with essential herbs and oils are applied and massaged over the body. This helps in relaxation and detoxification.

### Vayu Signature Therapy

**90 min INR 5600/-**

This is a Signature wellness service of Vayu. The technique of the massage eases muscle tension and balances the energy level of the body through acupressure movements.

### Vayu Couple Massage

**60 | 90 min INR 8000 | 12,000/-**

Celebrate love and friendship by sharing this amazing experience with someone for whom you care deeply. Relax side by side in the presence of each other as you receive Vayu Signature massage in our couple's room.



Swift Therapies

Indian Head Massage

30 min INR 2000/-

We offers head massage that helps relieve stress and restore the natural sheen of the hair. It relaxes head, neck and shoulders.

Back Massage

30 min INR 2000/-

The therapy will soothe internal tissues & relieve stained muscles & joint pain.

Foot Massage/Reflexology

30 min INR 2000/-

Based on an ancient techniques , reflex zones on the feet and calf muscles are worked on .

Vayu Therapy

30 min INR 2500/-

Vayu give you combination of foot and back massage that is a quick fix relaxation for your body.

Vayu Salon

Pedicure & Manicure

Special Foot Spa	INR 1250/-
Manicure – Chocolate/Orange/Organic	INR 950/-
Nail Paint Change(Feet/Hands)	INR 300/-

Hair Care

Deep Conditioning for Hair	INR 2000/-
Loreal Hair Spa –Regular	INR 2500/-
Loreal Hair Spa –Special	INR 3000/-
Treatment for Long Hair	INR 600/-
Shampoo & Conditioning	INR 999/-
Basic Blow-Dry	INR 650/-
Hair Straightening Ladies	INR 6000/-
Hair Perming Ladies	INR 8000/-

Hair Colour

Global (Gentlemen/Ladies)	INR 1500/-   3000/-
Global Sides Touch (Gentlemen)	INR 900/-
Root Touchup (Ladies)	INR 2000/-

Face & Body Essentials

Threading Eyebrows/ Upper lips/ Chin/ Forehead	INR 400/-
Threading Full Face	INR 800/-
Waxing Legs - Half   Full	INR 850/-   1050/-
Waxing Arms Half(under arms)   Full	INR 750/-   1050/-
Waxing Full	INR 3000/-

Essentials for Gentlemen

Shave	INR 500/-
Beard Trimming	INR 500/-
Moustache trimming	INR 300/-
Face Clean-up	INR 2500/-



## *Facial Therapy*

### **Cleansing Facial**

**30 min INR 2200/-**

Vayu offers a simple and effective deep cleaning treatment that helps in process of removing dead skin cells , blackheads and clogged pores.

### **Shine Facial**

**60 min INR 2500/-**

We offers a gentle facial massage with well-crafted ,detoxifying ingredients so that your skin is deeply hydrated and circulation is boosted allowing rehabilitating the natural texture of your skin.

### **Young Facial**

**60 min INR 3500/-**

Vayu offers a gentle facial massage to repair damage and restores freshness back into your skin so that you look much younger.

### **Hydra Facial**

**60 min INR 4500/-**

Vayu offers a skin care treatment that is designed to provide a deep hydration & stimulates the deep layers of your skin cells & tissues to boost cell generation

**Cleansing, renewing & nourishing...a fully customized facial depending on your skin's needs. the best in nature & technology to enhance & defend the unique skin you have**





## Information

### Reservation and Cancellation

- It is recommended that you arrive 15 minutes prior to the scheduled Spa session.
- Please intimate us about any cancellation – minimum 4 working hours prior to your appointment. There will be a cancellation fee of 50% incase of a late cancellation.

### Spa Etiquette

- Help us to maintain the serene environment of the spa by keeping your mobile phone on silent mode and speaking softly in case of exigency.
- Guests under age of 16 are not permitted within Spa area.
- Smoking and consumption of alcohol are prohibited within the Spa area. The management has the discretion of not serving guests under the influence of alcohol.
- Guests will be provided with disposable undergarments .Our therapists will keep your
- Body draped to respect your privacy.

### Considerations

- Pregnant lady guests and others with medical condition , are advised to consult their doctors before signing up for any services and inform the Spa therapist about the condition .
- Vayu Wellness Spa employees will not be held responsible for incident experienced by the guest during or after the Spa Services.
- The Vayu Wellness Spa services rendered by Fariyas Resort Lonavla are professional in nature. Any illicit or sexually suggestive behavior will result in immediate termination of the session and may result in legal action. Any remarks or advances made by guest will not be acceptable. The guest will also be liable for the complete charges for the scheduled services.

Unit of -



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